

Reopening Guidance for Senior Centers and Adult Day Care

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The Aging and Long-Term Services Department has developed the following reopening guidance for use in senior centers and adult day care providers across the state. This document is guidance and outline the minimum procedures or processes centers should employ when reopening. All senior centers and adult care providers should follow and routinely monitor [COVID-19 Safe Practices](#) for businesses. Centers should review this document and New Mexico’s covid safe practice and carefully develop their own processes incorporating the guidance below. Your processes do not need to be submitted for approval but must be kept on premise and made available in the case of an inspection, outbreak, or audit.

Senior Centers

Senior Centers	Staff	Seniors	
		Unvaccinated	Vaccinated
<ul style="list-style-type: none"> • ≥ 85% staff vaccination rate – senior centers may open at 100% capacity • < 85% staff vaccination rate – senior centers may open at 75% • Develop and employ an appropriate screening protocol for both staff and seniors • Ensure hand hygiene for both staff and seniors • Cleaning and disinfecting protocols • May require vaccinated seniors to wear a face covering or mask 	<ul style="list-style-type: none"> • Unvaccinated staff must be routinely tested for COVID-19 and excluded from work if positive. • Fully vaccinated staff do not need to be routinely tested • All staff regardless of vaccination status must wear face coverings • Practice hand hygiene 	<ul style="list-style-type: none"> • Not be allowed to participate in group activities (inside and outside) or in congregate meals. • Have access to grab-and-go meals. • Have access to transportation service but must wear face coverings and be the only passenger in the vehicle. • Have access to in-home services including (home-delivered meals, light housekeeping, and caregiver respite). 	<ul style="list-style-type: none"> • May participate in any on-site congregate activities provided • May wear a face covering • Have transportation services access • Have access to in-home services including (home-delivered meals, light housekeeping, and caregiver respite).

Adult Day Care Providers

Adult Day Care	Staff	Clients / Seniors
<ul style="list-style-type: none"> • ≥ 85% staff vaccination rate – senior centers may open at 100% capacity • < 85% staff vaccination rate – senior centers may open at 75% • Develop and employ an appropriate screening protocol for both staff and seniors • Ensure hand hygiene for both staff and seniors • Cleaning and disinfecting protocols • May require vaccinated clients to wear a face covering or mask 	<ul style="list-style-type: none"> • Unvaccinated staff must be routinely tested for COVID-19 and excluded from work if positive. • Fully vaccinated staff do not need to be routinely tested • All staff regardless of vaccination status must wear face coverings • Practice hand hygiene 	<ul style="list-style-type: none"> • Unvaccinated clients must wear face coverings and social distance as much as possible.

Additional Resources

[CDC Guidance for Older Adults](#)

[CDC Guidance for Adult Day Service Centers - Strategies for Administrators and Staff to Prevent the Spread of COVID-19](#)

[CDC Guidance on Cleaning and Disinfecting](#)

[New Mexico Department of Health Covid Safe Practices](#)

[Full PDF New Mexico Covid Safe Practices for Individuals and Businesses](#)

[New Mexico Public Health Orders](#)

[OSHA: Protecting Workers: Guidance on Mitigating and Preventing the Spread of COVID-19 in the Workplace](#)